

UNIVERSITY OF PERADENIYA පේරාදෙණිය විශ්වවිදහාලය CENTRE FOR DISTANCE AND CONTINUING EDUCATION දුරස්ථ හා අඛණ්ඩ අධහාපන කේන්දය



පළමු වසර ශාස්තුවේදී උපාධි පරිකුණය (බාහිර - නව නිර්දේශය) 2017 අපේල් FIRST YEAR (100 LEVEL) EXAMINATION IN BACHELOR OF ARTS (EXTERNAL - NEW SYLLABUS) APRIL 2017

SUPE 007: BUDDHIST PSYCHOLOGY

Answer <u>FIVE</u> questions only, (The total number of questions in this paper is 10)

(Three Hours)

- 1. "The Buddhist concept of mind is totally different from the western dualistic understanding of mind and body". Comment
- 2. "Meditation can be used to treat certain psychological problems." Discuss.
- 3. "According to Buddhism mind is not a static organ but a process." How do you interpret this?
- 4. "It is to a psychological analysis of human life that the Four Noble Truths of Buddhism are primarily relevant." Discuss.
- 5. Explain, how does the Buddhist perspective on emotions differ from western interpretation of emotions?
- 6. Buddhism does not talk about rights but it promotes duties as a remedy to most of the social problems. Explain.

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- 7. What is Buddhist contribution to happy and meaningful married life? Explain.
- 8. How does Freudian understanding on "Basic motivations" differ from the Buddhist understanding?
- 9. "Good friendship consists in association and it helps to create a better world." Discuss this from the Buddhist psychological perspective.
- 10. "Buddhist social psychology contributes to the resolution of social conflicts." Comment.